

# What to Say to Kids & Teens When Nothing Seems to Work



Please join us on our video presentation from Dr. Ashley Miller, a Child and Adolescent Psychiatrist, Family Therapist & Clinical Associate Professor of Psychiatry at the University of British Columbia. Dr. Miller will share quick and effective strategies to help your child and you weather difficult moments in a way that strengthens resilience and relationships. **(English and Chinese)**

歡迎加入阿什利·米勒 (Ashley Miller) 博士的现场演示和问答，阿什利·米勒博士是不列颠哥伦比亚大学儿童和青少年精神病学家、家庭治疗师和精神病学临床副教授。米勒博士将分享快速有效的策略，帮助您和您的孩子以增强韧性和人际关系的方式度过困难时刻。阿什利·米勒博士喜欢每天与儿童、青少年和家庭一起工作，帮助他们重新发挥自己的优势以及彼此之间的联系。



**Wednesday, April 09, 2025-On Zoom**

**10:00 am to 11:30 am**

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