

Westwind Waves Week at a Glance



11371 Kingfisher Drive, Richmond, B.C. V7E 4Y6 • 604-668-6497 • Student Absences: 604-668-6498

westwind@sd38.bc.ca @westwindwaves



APRIL 18 - 22, 2022



"We acknowledge and thank the First Peoples of the hən̓q̓əmi̓nəm̓ (hun-ki-meen-um) language group on whose traditional and unceded territories we teach, learn and live.

Mark Your CALENDAR

APRIL

- April 15 - Good Friday (no school)
- April 18 - Easter Monday (no school)
- April 20 - Tennis XL begins
- April 23 - Spring Bundle Pick Up
- April 25 - Sushi Food Day
- April 27 - K, 1, 6, 7 Immunizations
- April 29 - Student Learning Survey Closes
- April 30 - Pub Night Fundraiser

MAY

- May 17 - PAC AGM
- May 20 - Pro-D Day (no School)
- May 23 - Victoria Day (No School)

AFTER-SCHOOL TENNIS PROGRAM AT WESTWIND REGISTER NOW

**See page 4 for details*



- April 15 - Good Friday (no school)
- April 18 - Easter Monday (no school)

Is your child going to be absent? Or late? Please call our early warning line:

● 604-668-6498

Have you checked out the Westwind Website?

- check out the latest WAAG
- get the latest district news
- calendar events
- quick links
- important information and much more....

westwind@sd38.bc.ca

RICHMOND
SCHOOL DISTRICT NO. 38

Easter is one of the principal holidays, or feasts, of Christianity. It marks the Resurrection of Jesus three days after his death by crucifixion. For many Christian churches, Easter is the joyful end to the Lenten season of fasting and penitence.

As for how the character of the Easter Bunny made its way to America and first introduced in the 1700s by German immigrants to Pennsylvania, who reportedly brought over their tradition of an egg-laying hare named "Osterhase" or "Oschter Haws" from the Old Country. Legend has it, the rabbit would lay colourful eggs as gifts to children who were good, so kids would make nests in which the bunny could leave his eggs and even sometimes set out carrots in case the hare got hungry.





To provide a safe and secure environment for students we ask that any visitors who may attend school grounds when the school is open for instruction (between 8:45 am and 2:45 pm) sign in at school office (this includes our recess and lunch break play times).

Our school grounds are closed to the community

PAC Updates

WESTWIND
PARENT ADVISORY COUNCIL

**APRIL WESTWIND AGM
MAY 17, 2022**

6:30 pm

Mark your calendar!



You may have heard about proposed changes to the guidelines on what foods can be offered to students in BC schools. The new guidelines would put foods in one of two categories: "foods to offer, serve or sell" and "foods to avoid." Fruits, vegetables, whole-grains, etc are in the "foods to offer" category while pizza, chips & cookies are in a "foods to avoid" category. This would affect our ability to sell anything in the "foods to avoid" category in our Munch a Lunch or Pizza Day fundraising programs. The guidelines are not final - the province is asking for feedback from parents until the end of the month. If you're interested in offering any type of feedback, there is a direct link to the survey on the PAC Facebook page or click [HERE](#) for the is a direct link to the survey page.

I'm really looking forward to our Pub Night on April 30 at the Buck, which our fundraising committee has been hard at work on. Thank you! It'll be our first opportunity to gather as a community of school parents in a very long time. This night is meant to raise some money and have some fun...but if you have any questions about the PAC or PAC-related topics, please feel free to raise them with me. Without having the parents dance, assemblies, winter concerts or even "welcome back" activities on the first day of school, we've had so few chances to connect with one another. I'd be more than happy to talk about the PAC with you while we all enjoy a night out. You can order your tickets for Pub Night through Munch a Lunch until April 25. Hope to see you there!

Drew Savage
PAC Chair



PAC HOT FOOD DAYS TERM THREE

Lunch Day	Vendor	Ordering Closes
Thursday April 14	Gr. 7 Pizza Day (Domino's)	Wednesday April 6
Monday April 25th	Takeya Sushi	Sunday April 17th
Thursday April 28th	Gr. 7 Pizza Day (Domino's)	Wednesday April 20th
Monday May 2	Freshii	Sunday April 24th
Monday May 9	Whitespot	Sunday May 1st
Thursday May 12	Gr. 7 Pizza Day (Domino's)	Wednesday April 4th
Monday May 16	Takeya Sushi	Sunday May 8th
Thursday May 26	Gr. 7 Pizza Day (Domino's)	Wednesday May 18th
Monday June 6	Steveston Seafood House	Sunday May 29th
Thursday June 9	Gr. 7 Pizza Day (Domino's)	Wednesday May 1st
Monday June 13	Freshii	Sunday June 5th
Monday June 20	Takeya Sushi	Sunday June 12th
Thursday June 23	Gr. 7 Pizza Day (Domino's)	Wednesday June 15th
Monday June 27	Whitespot	Sunday June 19th

🌸 SPRING BUNDLE PICK UP INFORMATION 🌸

Thank you for all your support in making the spring bundle another success!

Spring bundle items will be ready for a **drive thru pick up on Saturday April 23 from 10:00-11:00am at 11331 Pelican Court**. Please note pick up location is not at the school. It will be the same drive through format just a different location. Drive up and your treats will be loaded into your car!

If you would like to pick up your chocolate treats earlier/before Easter, please let Kristy know and pick up can be arranged for next week. Please contact her at: kmurao@gmail.com.





We have 5 rose planters available for sale (\$41 each). Please connect with Kristy if you would like to purchase a planter. They make a great Mother's Day gift!

Thank you again for your continued support!

🍔 WESTWIND PUB FUNDRAISER 🍔

One of our **favourite Social Fundraisers is back!** Please join us to support our school and meet other parents! There will be door prizes, 50/50 draw and more! Get your tickets while they last!!!

Saturday **April 30th 6 to 9pm** at the The Buck & Ear.

-  TICKETS GO ON SALE APRIL 2nd on Munch A Lunch
-  If you are not on Munch a Lunch please text Gina Singh at 778-999-3473.
-  Tickets will be given at the door
-  Tickets are \$27 for a burger (beef, chicken or veggie), fries and a beverage!





EXCEL IN LIFE: AFTER-SCHOOL PROGRAM TENNIS AT WESTWIND - REGISTER NOW

Nash Vuletic founded Tennis XL in 2002 with one question in mind: how can something as simple and inexpensive as a tennis racket create a learning environment that provides respectful play, lifelong lessons, and builds up the confidence of children? Enter Tennis XL.

At the outset, Tennis XL was simply a single school program, where Nash led the tennis component of the P.E. curriculum. With students enjoying lessons and wanting more instruction, it was not long that an after-school program was formed to build on the in-school lessons.

These days, Tennis XL teaches over 30,000 students per year in both elementary and secondary schools all over BC's lower mainland. Our programs are tailor-made for students of all ages and always instilled with messages of respect and positivity. We seek to promote the belief that if we can weave social responsibility, respect for others, and healthy lifestyle choices into the fabric of our community at a student level, we will see an increase in responsible leadership, a decline in health issues, and an uptick in community engagement.

Westwind After-school Program Registration:

<https://docs.google.com/forms/d/e/1FAIpQLSckpXOqTbTL0YtL-33tPw-yRvzklJDGIwSCIDTIssal9a1Etg/viewform> .

Full-Program & Late-Start participants receive a brand new tennis or pickleball racquet and a Tennis XL T-Shirt (regular price of \$40) for no additional fee!!!

- ▶ **Location:** Westwind Elementary Elementary Gym
- ▶ **Grades:** 2-7 ONLY, Times: 3:00 pm - 4:00 pm
- ▶ **Dates:** Apr: 20, 21, 22, 25, 26, 27, 29 May 2, 3 & 5
- ▶ **Program Reference:** Westwind
- ▶ **Full-Program:** includes brand new racquet and T-Shirt
- ▶ **Price:** \$118 for 10 days (\$11.80 per day)
- ▶ **Late-Start:** minus \$8 for each day missed, includes brand new racquet and T-Shirt
- ▶ **Drop-In:** \$15 per day, no T-Shirt or new racquet are provided

Our AIM is to provide students with a continuation of tennis development who are currently experiencing and enjoying the Tennis XL Pickleball in-school program.

Our MISSION is to offer a program where students feel empowered by a healthy lifestyle, feel secure about competition and have as much fun as possible.

Our GOAL is to provide the skills and confidence to allow students to build their game in this exciting lifelong sport, in an environment of respect for all.

TENNIS XL continued....

We accept payments as: E-Transfer to nash@tennisxl.ca, (enter the school name and program reference number to Message field, set password to "txl") or cheque made payable to Tennis XL Agency Inc.

Please note:

- You must inform Tennis XL of any medical conditions or allergies of the program participant.
- Children without completed registration forms will be unable to participate in the program.
- Reimbursements will not be issued under any circumstances.
- There is a \$15 fee for NSF returned cheques.
- All prices shown include Tax. Tax receipts will be issued to the email address provided.
- We will not share your information with any third parties or other mailing lists.

Once you complete and submit this form make E-Transfer payment or bring cheque to school, or after the program starts give payment to the Tennis XL coach, if possible.

DIVISION 15 LEARNING HIGHLIGHT

Math - Addition Practice & Graphing

We have been learning addition strategies and using them to solve addition equations. We can add by counting our fingers, using loose parts, drawing pictures and using a number line. We also learned all about graphing! First, we ask a question. Then we gather our data and put the information into a graph. We had fun asking our friends about their favourite colour, favourite animal and favourite sport!





Richmond Continuing Education - Summer Learning 2022

Summer 2022 is shaping up to be another exciting season of learning! There will be many courses and camps to choose from. More details about course information and registration dates can be found online mid-April www.RichmondCE.ca

Your student's Personal Education Number (PEN) is required to register for Summer learning classes. Your child's PEN number can be found on your MyEducation Parent portal account.

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SETTLEMENT WORKER IN SCHOOLS (SWIS) PARENT SUPPORT

April's video announcements:
https://youtu.be/mTCDNNw_NrU

On April 20- **Summer Learning 2022**
Parents can register here:
<https://is.gd/Rytykw>

A colorful graphic for Summer Learning 2022 registration. The background is split into yellow and light blue sections. The text "Keep your child learning year around!" is written in a red, curved font across the top. Below it, in black text, is "Find out about Summer Learning 2022 with CONTINUING EDUCATION". The registration dates "April 20 - 10 am to 11:30 am" are written in a red, bold font. At the bottom, it says "To Register:" followed by a QR code and a blue button with a hand icon and the word "CLICK". The graphic is decorated with tropical illustrations: a sun, palm trees, a boy in a hard hat, a girl, a boy, and a slice of watermelon. Logos for SWIS (Settlement Workers in Schools) and Richmond School District No. 38 are at the bottom.



ADOLESCENT MENTAL HEALTH & WELLNESS

Richmond parents and our community are invited to a free discussion and presentation with internationally renowned experts in adolescent mental health Andrew Baxter, Dr. Li Sha and Dr. Yifeng Wei.

May 4, 2022

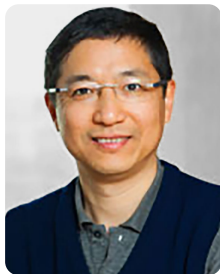
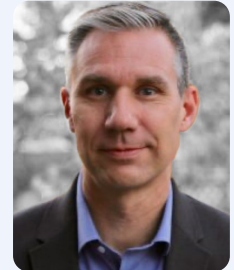
7:00 – 8:30 pm

Hosted
virtually
via:



ANDREW BAXTER

Andrew Baxter, MSW RSW, has worked in school-based and community mental health for over 18 years. During his time with Alberta Health Services, he has provided direct treatment for students from K-12, as well as consultation for their families and teachers. Andrew currently serves as the Team Lead for mentalhealthliteracy.org and the Alberta Mental Health Literacy Project. In these roles, he has worked to promote school mental health literacy among students, educators, parents, and mental health professionals at provincial, national and international levels.

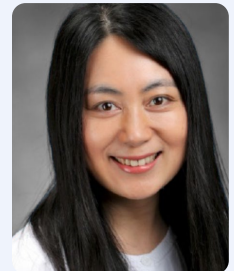


DR. LI SHA

Dr. Li Sha, MEd, PhD, is currently the research coordinator of the Mental Health Literacy project in SD 38, and has worked as an instructor at the Trinity Western University since 2020. In recent years he has provided educational consulting services for local Chinese families. Dr. Sha worked as researcher in educational psychology in Canada, Hong Kong, Singapore, and the US. His research focuses on studying K-12 students' learning and motivation. Dr. Sha is a member of American Psychological Association (APA).

DR. YIFENG WEI

Dr. Yifeng Wei, MA, PhD, has worked as a researcher and school mental health lead with mentalhealthliteracy.org since 2008. She is currently assistant professor with the Department of Psychiatry at the University of Alberta. Her research interests focus on promoting mental health literacy in schools (both secondary and post-secondary settings) to help students gain better understanding about mental health and mental disorders, reduce stigma against mental illness, obtain and maintain good mental health and enhance help-seeking behaviors.



SCHEDULE

May 4, 2022 | 7:00pm – 8:30pm

7:00pm **Introduction and Secondary Student Panel**

7:30pm **English Session** with Andrew Baxter

Chinese Session with Dr. Li Sha & Dr. Yifeng Wei

REGISTRATION

[Click here](#) to register or use the QR code below – parents are encouraged to register by Friday, April 29, 2022.

