

Social Emotional Learning Classroom Snapshot

Staff Name: _____ Grade: _____ Date: _____

Please consider your current class and put a check mark in the box that best describes your class's overall rating:

CASEL Core Competencies	Emerging	Developing	Proficient	Extending	Comments
Self – Awareness:	A few of the students demonstrate the ability to...	Some of the students demonstrate the ability to...	Most of the students demonstrate the ability to...	All the students demonstrate the ability to...	
• Recognize their emotions					
• Name their emotions					
• Assess their own strengths and stretches					
• Know the difference between fixed and growth mindset language					
Self – Management:	A few of the students demonstrate the ability to...	Some of the students demonstrate the ability to...	Most of the students demonstrate the ability to...	All the students demonstrate the ability to...	
• Control impulses					
• Use positive self-talk					
• Have age-appropriate self-regulation skills					
• Set goals, work towards them and plan effectively					
• Take responsibility for their actions					
• Effectively manage stress					
• Can make good decisions					